

Helping you to be more confident and comfortable when returning home from hospital



Scarborough, Whitby, Ryedale
and across North Yorkshire

Scarborough & Ryedale
Carers Resource

Contact the
Home from Hospital
Team on:

This is a **FREE** service
and helps those who:

- Are aged 18 and over
- Live in North Yorkshire
- Have been at A&E, had a day procedure, or a hospital stay
- May also have NYCC reablement support

We cannot help those who:

- Have complex long term care needs
- People who require only respite care

0300 365 4600

This **FREE** service can ease a return home, assisting to rebuild confidence and independence and preventing hospital readmission



How to refer to Home from Hospital

Telephone our team on:

0300 365 4600

Or download a referral
form here:

[www.carersresource.org/
hfh-ny-referral](http://www.carersresource.org/hfh-ny-referral)

Return the form by fax:

01423 740 771

Or email to:

hfhny@carersresource.org

Short-term support is available, dependent on an individual's needs and may include:

- Support for family/friends who are caring for a person recently discharged
- Liaising with health & social care professionals
- Help to access appropriate services and organise ongoing support
- Essential food provision
- Prescription collection and medication checks
- Telephone support and keeping in touch
- Light household tasks

We are unable to assist with:

- Personal care (washing, dressing, toileting, TED stockings); giving/prompting medicines; providing medical care



Home from Hospital is a service of Carers' Resource and funded by NYCC Health and Adult Services and Clinical Commissioning Groups. It is delivered in this area by Scarborough & Ryedale Carers Resource

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