

## Scarborough, Whitby & Ryedale Home from Hospital Service, the first 6 months

Going home after a spell in hospital can be a daunting prospect for many patients.

The Home From Hospital (HFH) service contacts clients within **24hours** of discharge to help ensure people are confident and comfortable when returning home.

Since April our HFH team have supported over 130 clients across our area.



**Emma, Elaine & Becky our HFH team**



**welcome home hamper**

Since April the service across North Yorkshire has helped **reduce re-admissions to hospital** by providing support to re-build confidence and independence for clients, as well as helping resolve any issues that may arise.

*'the welcome pack was a lovely gesture & really useful for the first few days back at home'.*

The **free** service includes a home visit to discuss any concerns and immediate needs the person may have as well as:

- a welcome home hamper
- weekly visits and calls for up to 6 weeks
- Helping with shopping & collecting prescriptions
- liaising with health and social care professionals
- help signpost to appropriate benefits
- help to organise ongoing support e.g. domiciliary services and befriending

*"It was real piece of mind when I got my operation date, knowing that I would initially struggle when I got back home"*

If you or your organisation would like to know more about the HFH service, request leaflets or a team talk please phone on 01723 850155

To refer a client from Scarborough, Whitby or Ryedale please contact the Home from Hospital Service on **01423 863177**